

Thank you for joining the weekly webinar!

We are admitting audience members from the waiting room.

**Please allow a few moments for the webinar to begin.**



# HEALEY ALS Platform Trial

## Weekly Q&A – February 22, 2024



## Healey & AMG Center

Sean M. Healey & AMG Center for ALS  
at Massachusetts General Hospital



als FINDING a CURE™



THE ARTHUR M. BLANK  
FAMILY FOUNDATION



Calico



# Patient Navigation

## Central resource for people living with ALS



Catherine Small

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Weekly webinar  
registration:



<https://bit.ly/3r6Nd2L>

ALS Link sign-up:



<https://bit.ly/3o2Ds3m>

### Upcoming Webinars:

**February 29<sup>th</sup>-** Weekly Q&A

**March 7<sup>th</sup>-** Weekly Q&A

**March 14<sup>th</sup>-** EAP Discussion with Dr. Jinsy Andrews (Columbia University)



Allison Bulat



# Genetics of ALS

Mark Garret, MD

# Is ALS inherited?

## **“Familial” or “Genetic” ALS**

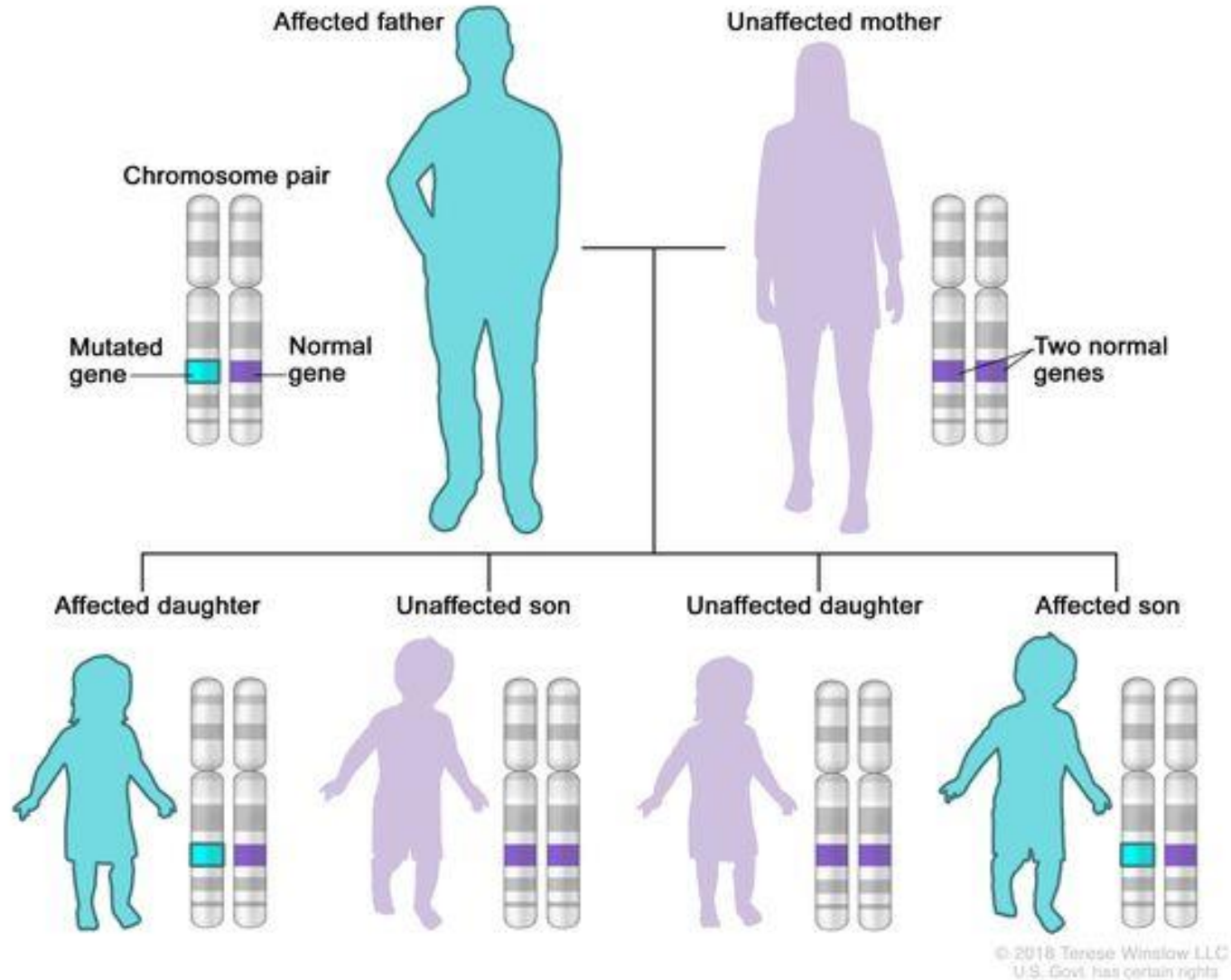
- 15% of ALS is caused by a changes in a single gene
- Familial ALS = Multiple family members with ALS or related diseases (Frontotemporal Dementia; FTD)
  - 10% of ALS

**BUT** 5% of “sporadic” ALS patients have causative genetic variants identified when genetic testing is performed





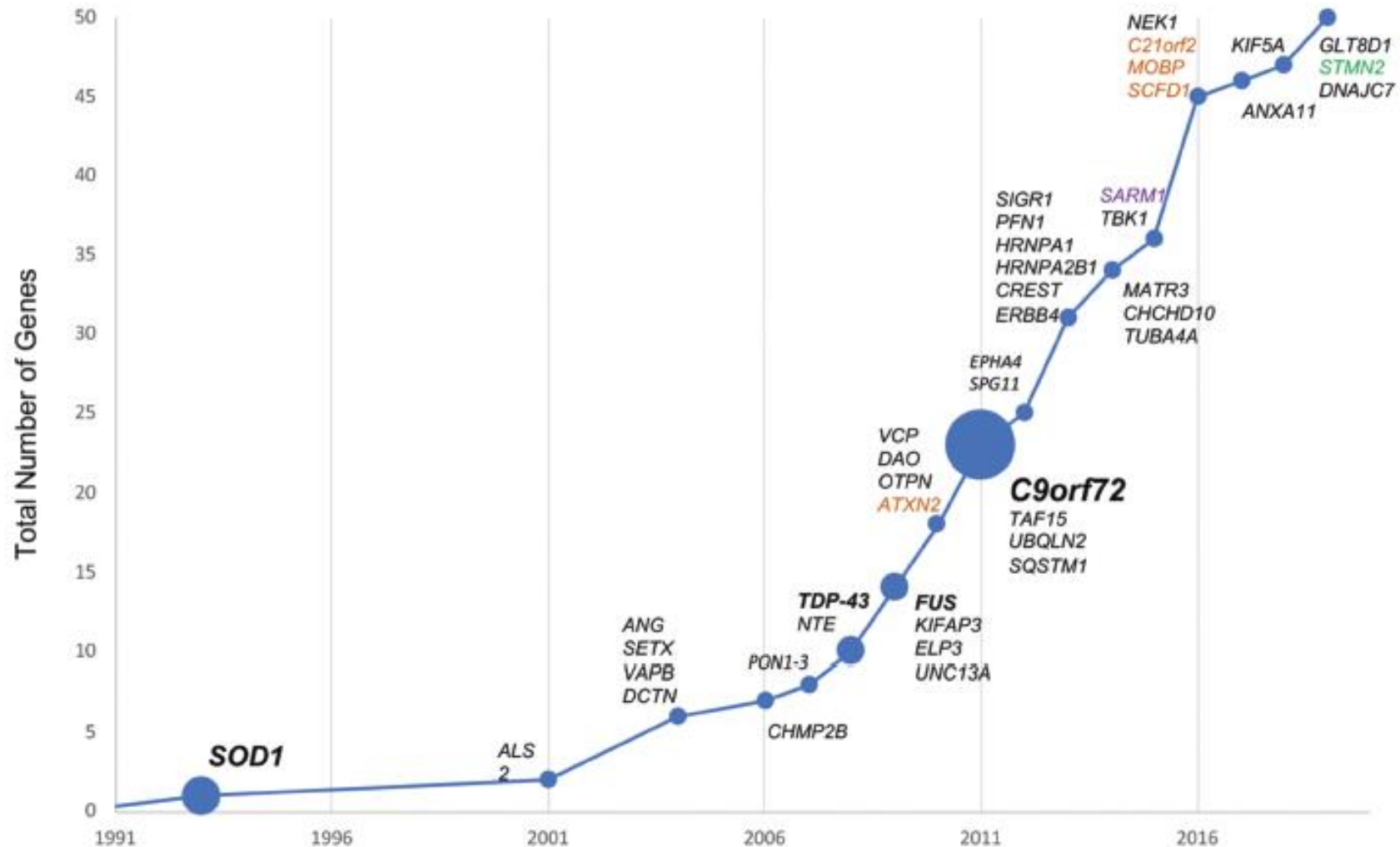
## Autosomal Dominant Inheritance



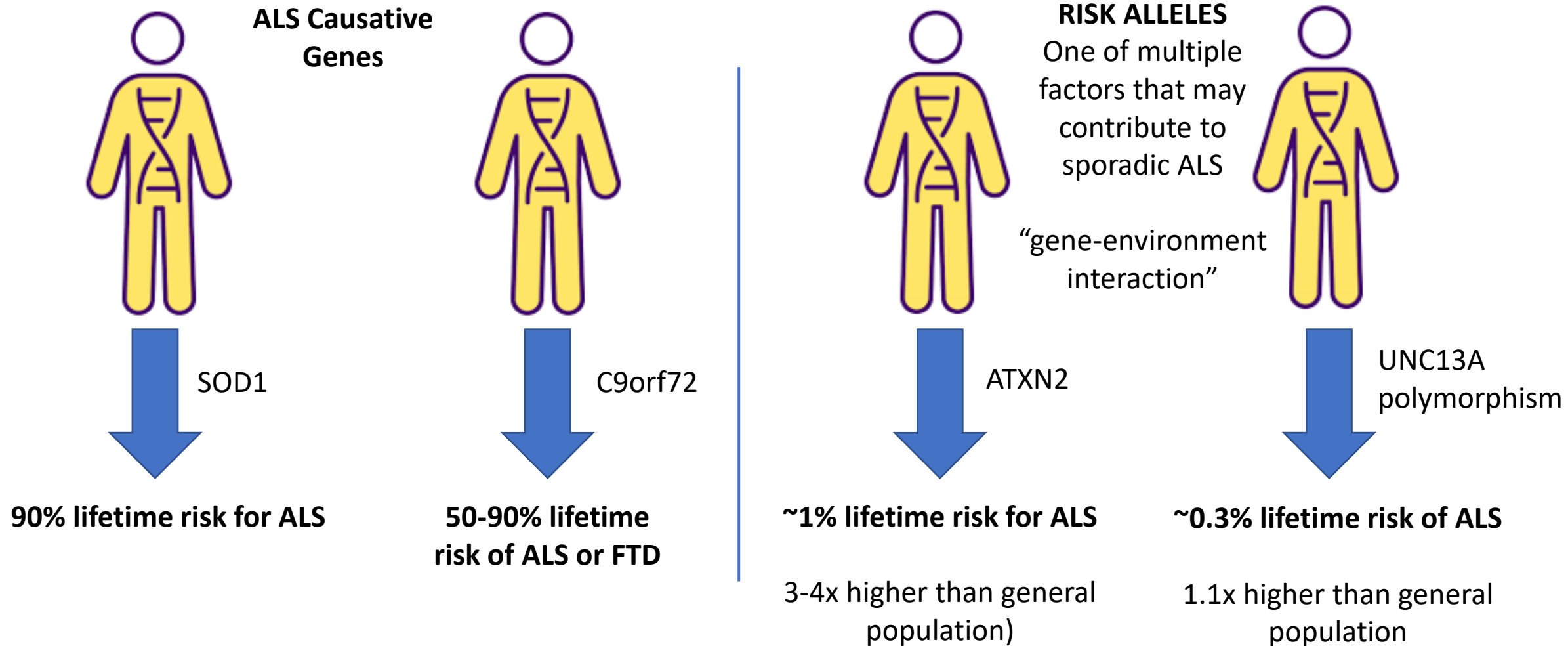
## Dominant Inheritance:

- One abnormal copy of a gene can cause ALS
- 50% risk of a parent passing that gene to a child regardless of sex

# Rapid Growth in Gene Discovery



# Penetrance – What is the chance that a genetic change causes ALS?





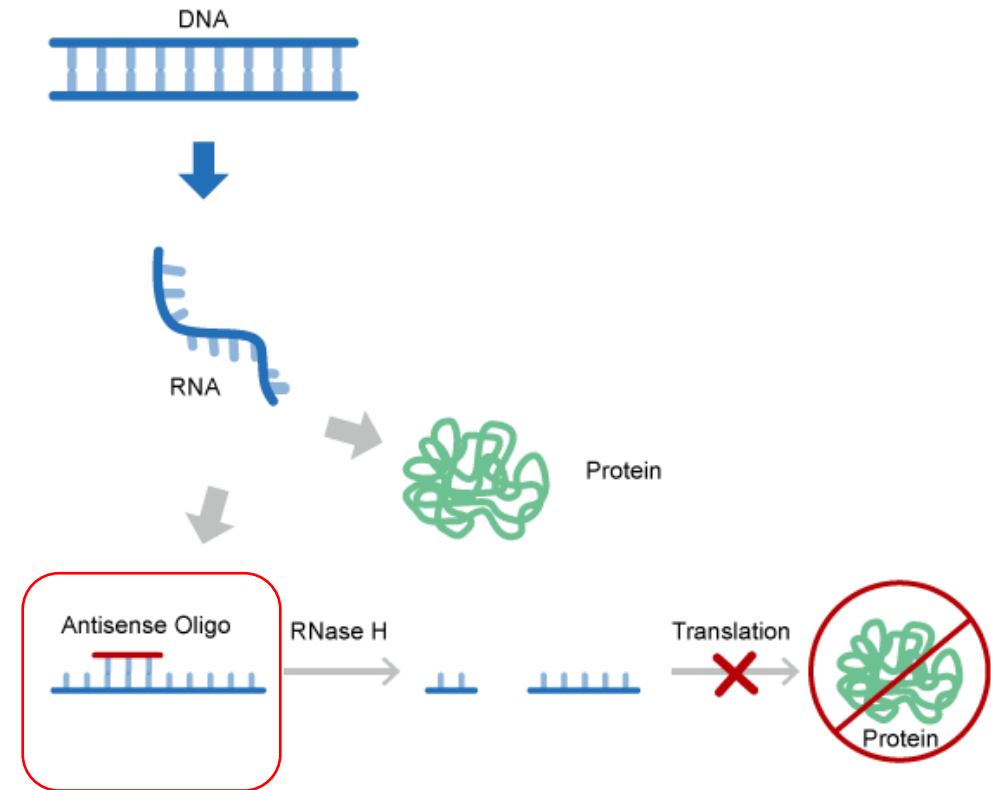
# Precision Medicine in ALS

Tailor treatments to the underlying genetic causes of disease in an individual

- Familial ALS: Tofersen (Qalsody) approved for SOD1 ALS in April 2023
- Sporadic ALS: ALS risk alleles
  - Trials for ATXN2, STMN2, UNC13A

## **Antisense Oligonucleotides (ASO):**

- Small pieces of DNA designed to bind to a specific RNA sequence -> destruction of that RNA and decreased levels of protein



# Could we start treating earlier?



# Identifying who is at risk for ALS

Family members of patients with genetic ALS/FTD

- Can perform genetic testing prior to onset of symptoms to identify those at risk
- Teaches us about ALS disease biology, offers possibility to prevent ALS

## PREVENT ALS



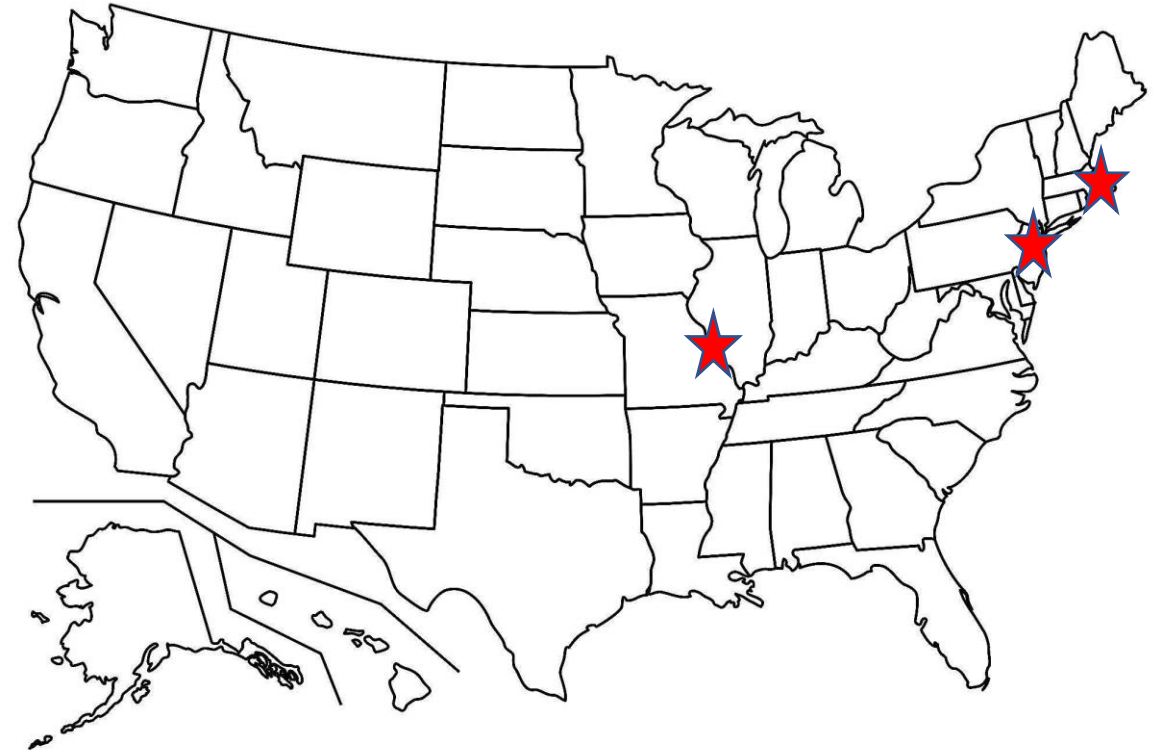
**Massachusetts General Hospital**  
Founding Member, Mass General Brigham



**Washington University in St. Louis**  
UNIVERSITY ADVANCEMENT



**COLUMBIA**



# PREVENT ALS Study

|                          | <b>MGH<br/>DIALS</b> | <b>WashU<br/>DIALS</b> | <b>ALS<br/>Families</b> | <b>PREVENT<br/>ALS</b> |
|--------------------------|----------------------|------------------------|-------------------------|------------------------|
| <b>Total Enrollment</b>  | 241                  | 46                     | 204                     | 491                    |
| <b>Gene positive</b>     | 121                  | 20                     | 106                     | 247                    |
| <b>C9orf72</b>           | 91                   | 15                     | 58                      | 164                    |
| <b>SOD1</b>              | 17                   | 3                      | 20                      | 40                     |
| <b>Multiple Variants</b> | 1                    | 1                      | 0                       | 2                      |
| <b>Rare variants</b>     | 14                   | 1                      | 28                      | 43                     |
| <b>Gene negative</b>     | 78                   | 15                     | 66                      | 159                    |
| <b>Non-Disclosure</b>    | 31                   | 8                      | 20                      | 59                     |
| <b>Pending Genetics</b>  | 11                   | 2                      | 12                      | 25                     |

# Discovering the earliest changes in ALS



Genetic testing and counseling



Cognitive Assessments



Neurologic examinations



Biofluid/Tissue banking



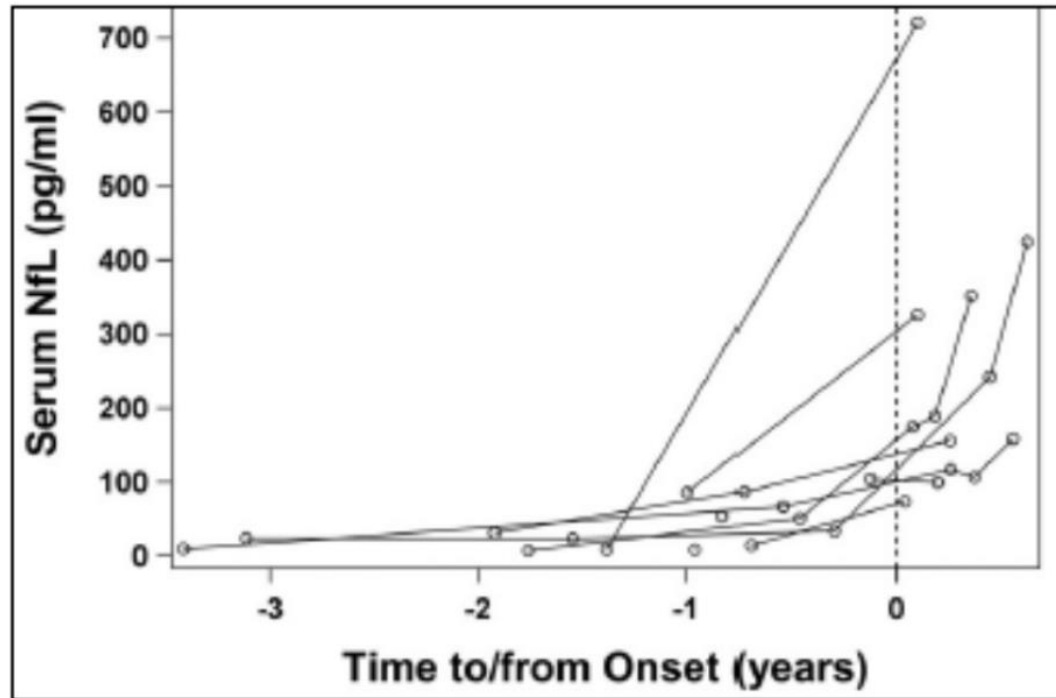
Digital  
monitoring



Electrophysiologic studies

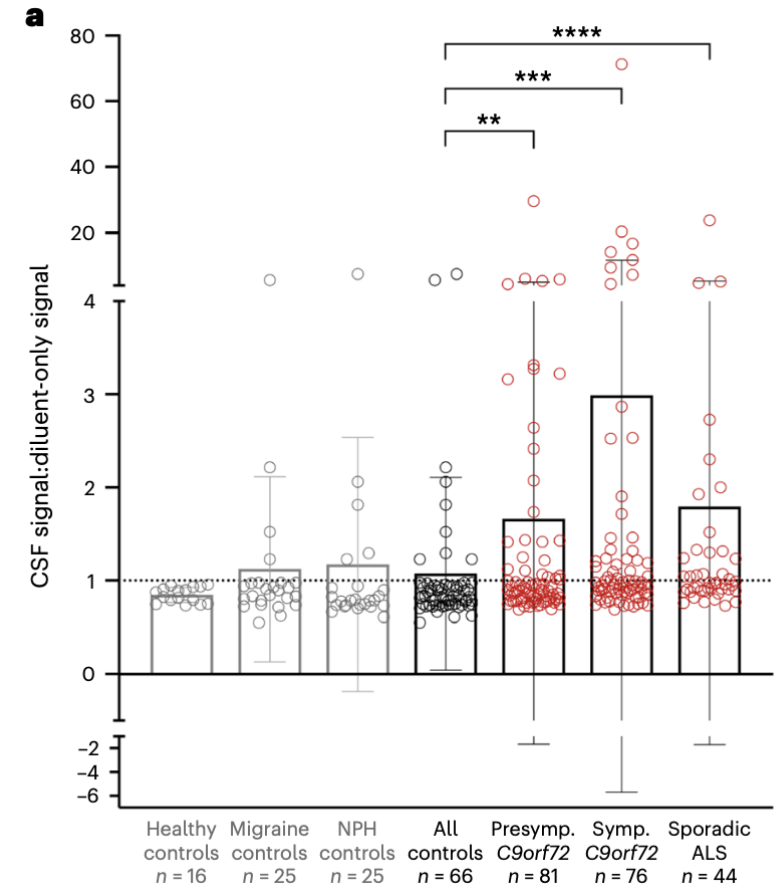


# “Biomarkers” to detect early or prodromal ALS



Benatar et. al. Annals of Neurology 2018

**Neurofilament Light Chain (NFL):** marker of nerve injury, elevated 6-12 months prior to onset of ALS



Irwin et al., 2024

**“Cryptic exons”** reflecting loss of TDP-43 function in ALS and asymptomatic C9orf72 carriers



# ALS Prevention

**ATLAS Trial:** Asymptomatic SOD1 gene carriers without ALS

- Treat with tofersen (SOD1 antisense oligonucleotide) or Placebo
- Does treatment result in delay in developing ALS for people with rising neurofilament levels

**How should we monitor and counsel people at genetic risk of ALS/FTD?**

- Riluzole?
- Lifestyle modifications?